



**Zeina Tahan**  
**Jewellery to**  
**soothe the soul**

*Words Nadine Fares Kahil*

People love fine jewellery for its aesthetic appeal - the gleam of its metal, the luminescence of its gems, and the exquisite symmetry of its design. Yet jewellery that takes form from the designs of Zeina Tahan offers more.

Zeina eschewed the family business of jewellery-making, and instead pursued a degree in architecture. Following a gift from fate – a lonely, difficult phase during which she disconnected from daily life and spent quality time alone – she indulged her passion for philosophy and began to read various esoteric books that helped her find some answers to many of the questions she had. As if destined, her path led her back to the family business, but not without a few extraordinary ideas in mind.

Zeina's designs are, to say the least, stunning. Each piece, crafted from the finest metals and gemstones, incorporates the principles of geometry – believed to be the architecture of the universe that embraces and works with its mystical principles. The fusion of her designs is, in essence, a physical manifestation of a dynamic, universal energy that continually nourishes body, mind, and spirit.

Zeina believes that individuals can achieve a balance between body, mind and spirit when wearing her jewellery. "Every piece has a meaning. I believe that when people see my work, they tend to feel compelled towards one certain item. It calls out to them and gives them a particular comfort they long for. Each carefully crafted piece continually expresses and promotes positive and constructive qualities, abilities and experiences on the physical, emotional and spiritual levels," she says of her handcrafted creations that combine spiritual significance and exquisite couture, in which the style integrates ancient knowledge of shapes and architecture, numbers and horoscopes.

Equally important, each of her designs serves as a source of energy protection against negativity, bad luck and stress. Ultimately, each piece is intended to serve as a personal energy healer, promoting energy cleansing and balancing to help its owner capitalise on his or her strongest qualities and transform personal weaknesses into strengths.

"The Saga of the Universe", one of her many collections "bears a name that speaks to our very human desire to achieve eternal happiness and inner peace." It includes pieces with such names as the Maze, the Mask, Chinese Wisdom, Islamic Calligraphy and Alchemy. Of course, "Each has a tale. As I work on each piece, my only hope is that people enjoy wearing them as much as I enjoyed making them."

In another collection, "Angels", silver and gold winged creatures are combined in order to enhance healing, harmonisation and balance. "I believe in angels," says Zeina, "and I believe that they are around us giving us signs, warning us, and helping us stay on the right track."

And to help others' stay on the right track, Zeina's passion extends to the packaging so that each and every one of her pieces are wrapped in specially designed boxes with brochures that explain exactly what the piece signifies, what its particular spiritual powers are and how it will help soothe the soul.

